

CLEANING THE BATHROOM

get rid of black spots and grime

Black spots and light lime stains are an unfortunate yet familiar sight to many. They are not usually caused by moisture problems, but instead they result from failing to clean, ventilate and dry the bathroom enough. If you skip these tasks, bathroom surfaces begin to collect lime, rust, traces of cleaning agents and, eventually, bacteria that show up as black and white spots.

A dirty bathroom should not be left in that state as the surface growth may start to stink and may even cause symptoms related to mould. Having very stubborn grime in the bathroom may also result in the tenant having to pay for a professional cleaning of the bathroom.

Luckily, the grime usually comes off with a good cleaning and a few easy tips help you avoid it in the first place. The most important things in keeping the bathroom clean are regular cleaning with the right cleaning agents and drying and airing the bathroom after use:



Here is how you should clean the bathroom

- One single cleaning agent does not work on all kinds of dirt. Lime comes off with an acidic (pH 3-5) cleaning agent. An alkaline cleaning agent (pH over 8) is good for getting rid of traces of shampoo. Stubborn grime may first need cleaning with an acidic agent and then with an alkaline agent.
- You should first try milder cleaning agents, such as baking soda or vinegar.
- More stubborn stains can be cleaned with cleaning products such as Star Brite or Cillit Bang, for example.
- If these fail, the last option is to use chlorite. However, chlorite is hazardous to health and harmful to the environment so it must be used very carefully. Use protective gloves, make sure that the room is well ventilated and rinse the cleaned surfaces very carefully after use.
- Make the cleaning more effective by first giving the cleaning agent time to work and then using a brush.
- Remember to wet surfaces before using cleaning agents and rinse the surfaces well after the cleaning because cleaning agents may weaken tile seams

Dry and ventilate the bathroom after each shower ·

- In addition to cleaning the bathroom, remember to dry the floor and walls of the bathroom carefully with a drying spatula and ventilate the bathroom after each shower.
- You should also set your kitchen hood to maximum when you take a shower as it increases air flow in the apartment.
- If your bathroom has underfloor heating, keep it slightly warm throughout the year.

